

Packing list

for cold days



Have you packed everything essential?

- Take a **photo** of your ID card, health insurance card, driver's license if available, and vaccination record
- Your **smartphone**, a charging cable, adapter, and a fully charged power bank
- Drinks** (such as warm tea in a thermos flask) and food for the day
- Protective clothing** (e.g., work gloves, high-visibility vest, safety goggles, and ear protection)
- Warm change of clothes**
- Emergency blanket**
- Rain gear**
- For snow: **Sun protection** (sunscreen and sunglasses)
- Important **medications** like allergy medication
- Equipment** (e.g., snow shovel or flashlight)
- Notebook and pens**
- Cash and debit card**
- Lightweight **backpack**

