

# Vaccination



## Recommended vaccinations

- Booster for Diphtheria and Tetanus (recommended every ten years)
- Measles
- For individuals aged 60 and above: Influenza
- For individuals aged 60 and above: Pneumococcal infection
- For individuals aged 60 and above: Herpes Zoster (Shingles)



## Vaccinations for high-risk groups

- FSME (Tick-borne encephalitis)
- Infection with Haemophilus influenzae Type b (Hib)
- Hepatitis A and B
- Influenza
- Meningococcal infection
- Pertussis (whooping cough)
- Pneumococcal infection
- Poliomyelitis (Polio)
- Rubella
- Varicella (Chickenpox)

[wirhelfenjetzt.rlp.de](http://wirhelfenjetzt.rlp.de)

Videos on the topic as well as this information in English and Turkish



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