

Follow Rules on Social Media

- Show respect to the people you are helping and those who are helping.
- Respect their privacy.
- Remember that they are under stress. They may later find things uncomfortable.
- Everyone has the right to their own image and words.
- Do not forward messages on the internet without verification. Be critical.
- Get information primarily from radio, television, and newspapers – or from the official social media channels of disaster management, relief organizations, government agencies, and police.

